

Details of ongoing Research projects

S.No.	Title of the project	Category (Clinical/Pharmacology Research etc.)	IMR/Collaborative
1.	Clinical safety and efficacy of Triphala Ghrita and Anu Taila in the management of dry age-related macular degeneration (Jarajanya Drishtigata Roga)	Clinical	IMR
2.	A Randomized Double blind Placebo control clinical study to evaluate the immunomodulatory effect of swarnaprashan in moderately malnourished children	Clinical	Collaborative
3.	General health screening with special focus on selected disease condition Tuberculosis, Anaemia, Haemoglobinopathies	Clinical	Collaborative
4.	Mechanistic studies with <i>Withania somnifera</i> extracts and its major phytoconstituents on innate immune cell responses and their efficacy in experimental animal models of immunosuppression and inflammation	Pharmacology	Collaborative
5.	Knowledge Attitude and Practice towards Pharmacovigilance of Ayurvedic Medicines among Registered Ayurvedic Medical Practitioners of Uttar Pradesh: A questionnaire based Cross sectional Study	Pharmacovigilance	IMR
6.	A systematic survey of the labelling information of Ayurvedic drugs included in NLEAM and marketed in India in compliance with Rule 181 of the D&C Act 1940 and Rule 1945.	Pharmacovigilance	IMR
7.	Health seeking behaviour of the patients attending the Out-patient department of selected CCRAS institutes with history of consuming OTC Medicines: A cross-sectional study	Pharmacovigilance	IMR
8.	Standardization, scientific validation and automation of <i>Taila Bindu Pariksha</i> - An ancient prognostic tool	Fundamental Research	Collaborative

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S.No.	Title of the project	Category (Clinical/Pharmacology Research etc.)	IMR/Collaborative
9	Exploring role of Prakriti in Host-Pathogen interactions	Fundamental	Collaborative
10	A clinical consensus study for developing standard operative procedures and Practice guidelines of <i>seka</i> and <i>ashchyotana of Netra kriyakalpa</i> with a feasibility study in conjunctivitis	Clinical/Fundamental	IMR
11	Survey and documentation on netra kriyakalpa practices among registered ayurveda practitioners of defferent parts of India	Survey study	IMR
12	Systematic review and meta-analysis of Kriya-kalpa and other Ayurvedic interventions for refractive errors.	Systematic review	IMR
13	A clinical consensus study for developing standard operative procedures and Practice guidelines of <i>Tarpan</i> and <i>Putpaka of Netra kriyakalpa</i> with a feasibility study in myopia	Clinical/Fundamental	IMR
14	A systematic survey of the labeling information of Ayurvedic drugs. included in NLEAM and masketro in India in compliance with Rule 161 of the D&C act 1990 and Rule 1945	Pharmacovigilance	IMR
15	Knowledge, Attitude, and Practice towards Pharmacovigilance of Ayurvedic Medicines among Registered Ayurvedic Medical Practitioners of Uttar Pradesh: A Questionnaire-based Cross-sectional study	Pharmacovigilance	IMR
16	Health seeking behavior of the patients attending the Out-Patient Department of selected CCRAS institutes with history of consuming OTC Medicines: Across-sectional study Transform Ayurveda (APPTA)	Pharmacovigilance	IMR

S.No.	Title of the project	Category (Clinical/Pharmacology Research etc.)	IMR/Collaborative
17	Documentation of Life Profiles of Admirable Personalities to Transform Ayurveda (APTA)- Vaidya Yadav ji TrikamJi Acharya	Life profile	IMR
18	Documentation of Life Profiles of Admirable Personalities to Transform Ayurveda (APPTA)- Late Dr. Krishna Chandra Chunekar	Life profile	IMR
19	Documentation of Life Profiles of Admirable Personalities to Transform Ayurveda (APPTA)- Late Vaidya Shree Ram Narayan Sharma	Life profile	IMR
20	Documentation of Ethno Dietary practices Indigenous to India and Documentation of plants, Metals, Minerals, Animal products and other materials used in various indigenous practices and rituals across India under WCHProject	Public Health Research	IMR
21	Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across India under WCH 2025-26	Public Health Research	IMR
22	Effectiveness of Drakshavaleha in Improving the Symptoms of Functional Gastrointestinal Disorders – A Multi-Centre Study	Clinical	IMR
23	Documentation of Life Profiles of Admirable Personalities to Transform Ayurveda (APTA)- Dr. PadmaShri Manoranjan Sahu.	Life profile	IMR
24	Documentation of Life Profiles of Admirable Personalities to Transform Ayurveda (APTA)- Dr. S.N. Shastry.	Life profile	IMR
25	Development of Quality standards & SOP, Advanced Metabolomic profiling and In-silico Pharmacological activities of Shadangam & Pachanamritham Kwatha Choorna.	Standardization	IMR

Details of Completed Research Projects (till date)

S.No.	Title of the project
IMR Projects (Clinical Research)	
1	Clinical Evaluation of Punarnava Guggulu and Rasna Saptaka Kashaya in the Managment of Rheumatoid Arthritis (AMAVATA)
2	Clinical Evaluation of Goksura Churna and Svetaparpati in the Management of Mutrasmari (Urolithiasis)
3	Clinical Evaluation of Triphala Guggulu and Kasisaditaila in Managment of Arsha (Haemorrhoids)
4	Therapeutic Evaluation of Rasnadi Gutika and Chandrakala Lepa in Janusandhigata Vata (Osteo-arthritis Knee)
5	Clinical Evaluation of Haridrakhand and Triphala Kwatha in the Managment of Chronic Allergic Conjunctivitis (Kaphaja Abhishyanda)
6	“Clinical Evaluation of AYUSH – PE Eye Drops in the Management of Acute Allergic Conjunctivitis ”
7	“Pharmaco-Epidemiological Study on Safety and Effectiveness of Rasaushadhis; Retrospective analysis”
8	Clinical Evaluation of Lavana Bhaskar Churna in the Management of Aamajirna-A Randomized Parallel Group Study.
9	“ A Prospective Open Labelled Observational Study to document the potential safety issues and prescription trends of selected Rasausadhi’s in CCRAS-OPD’s across India”
10	“ A prospective non-randomized open label controlled interventional study on the effect of Guduchi Ghan Vati/Sudarshan Ghan Vati as a prophylactic measure among Containminated Zone population exposed to COVID -19”

S.No.	Title of the project
11	“A Randomized Open Label, Parallel Efficacy, Active Control, Multicentre Exploratory Drug Trial to Evaluate Efficacy and Safety of An Ayurvedic Formulation (AYUSH - 64) as Adjunct Treatment to Standard of Care for the Management of Mild - Moderate COVID -19 Patients.”
12	“ A prospective open label controlled interventional study on the effect of Ayurvedic Intervention (Ayurveda Raksha - kit) as a Prophylactic Measure in the Pandemic of COVID -19 A Community Based Study”
13	“ Effective Implementation of AYUSH Hospital Management Information System (A-HMIS)
14	Implementation of Population Study on use of AYUSH Interventions as prophylaxis by the Indian population during the COVID -19 pandemic through AYUSH Sanjeevani App of Ministry of AYUSH Govt. of India
15	A prospective community based study for the evaluation of Rajah pravartani vati in the management of primary dysmenorrhea - under WCH – SCSP Program
16	Placebo controlled randomized trial of AYUSH - SR in Post Menopausal Syndrome under WCH – SCSP Program
17	Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron deficiency Anemia – A randomized controlled trial [Under SCSP AMHCP]
18	Cross sectional survey to determine the prevalence of Non-Communicable Diseases and their risk factors among scheduled castes across India [Under SCSP – AMHCP)
19	“System biology approach to delineate molecular signatures of Prakriti in healthy humans”
20	Effectiveness of Rajapravartani Vati and Saraswatarishta in Dysmenorrhoea - A prospective community based study; under WCH (SCSP) Programme.
21	Clinical evaluation of Sanjeevni vati and Pippaladyasava in the management of Agnimandya-a randomized parallel group study.

Sl.No.	Title of the project
IMR Projects (Literary Research)	
23	Documentation of life profiles of Luminaries in Ayurveda- Prof. P.V.Tiwari
24	Documentation of life profiles of Luminaries in Ayurveda- Prof. D. G. Thatte
IMR Projects (Public Health Research)	
25	Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda Healthcare facilities of the DGFMS Hospitals-A cross sectional survey study.
26	A cross-sectional community based study on knowledge, attitude and practices related to community-based women of reproductive age
27	Effect of Ayurveda based advocacy on knowledge, attitude and practices related to menstruation among women of reproductive age-a community based study